



Forestry Commission
England

Phone Trail

A Sensory Adventure!

**You choose the forest,
you make the route!**

Learn all about the forest,
using your senses to guide you!

Simply swipe from screen to screen,
and follow the instructions that will
tell you to ...**look...listen...think...**
touch...and smell.



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Starting your Sensory Adventure.

Park in the Forestry Commission
car park and have a look around.

Look...



**Can you see the Forestry
Commission logo anywhere?**



Forestry Commission

The logo represents different kinds of
trees that grow in forests – conifers
(trees with cones and needles) and
broadleaves (trees with flat leaves).

Swipe >>



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Choose your route.

There may be several tracks from the car park into the forest, or perhaps just one or two – you can choose whichever one you like.

Listen...



When you have followed the trail for a few minutes, stop and listen.

You can close your eyes if that helps.
What can you hear?

- animals?
- birds?
- machines?
- people?
- silence?
- anything unexpected?



Swipe >>



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Walk on.

Go on for another 5-10 minutes.

Think...

While you are walking, think...

- Why did you hear those sounds?
- What were the machines doing?
- How many different birds did you hear?
- What were the people doing?



Swipe >>



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When you find a place that inspires you, stop and...

Look...



How many colours can you see?

Look closely at different parts of the trees, and at the soil on the ground, and the colour of the sky.

- How many shades of green and brown are there?
- Can you see anything pink or blue or yellow?



Swipe >>



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Move on again.

Walk on for another 5-10 minutes.

Think...

...about the colours of animals and birds.

- Do you know any colourful birds that live in forests in England?
- What about brightly coloured minibeasts?



Swipe >>



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Stop when you are ready.

Touch...



**Touch the bark of some of
the trees around you.**

- Are the tree trunks rough or smooth?
- Bumpy or mossy?
- Are they all the same or are there differences?
- Do the small trees' trunks feel the same as the big trees?
- Does the bark on the branches feel the same as that on the trunk?



Swipe >>



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Further into the forest...

As you walk for another 5-10 minutes.

Look...

...and touch



What other textures can you find in the forest?

- Can you find something soft?
- Something hard?
- Something that feels damp and cold?
- Something that feels warm and dry?
- Can you come up with any other words to describe the forest's textures?



Damp
& cold



Warm
& dry

Swipe >>



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Next time you stop, sniff!

Think... what can you smell?
Does the forest smell damp or fresh
or nice or yucky?

Smell...



**Pick up some fallen leaves from
the forest floor and sniff them.**

- **How do you describe the smell?**

Next, find some leaves still growing on
a tree – crush them gently between
your fingers and sniff them.

- **Do they smell better or worse than
those from the ground?**
- **Do all the trees smell the same?**



Swipe >>



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Walk on again.

Explore for another 5-10 minutes.

Think...

...about how you have used your senses to discover the forest.

You have looked at the colours, listened to the wildlife, touched and sniffed the trees and leaves.

The final sense is taste... we don't want you to eat anything from the forest, but think... does any of your food come from trees?



Swipe >>



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Stop once more and look...

...can you find any worms or beetles or slugs? You wouldn't want to eat them, but these would provide very tasty snacks for hedgehogs and badgers who live in the forest.

Think...

What other animals can you think of who live in the forest?
What do they eat?



Swipe >>



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**For the rest of the
walk around the trail
you are following or
on the way back to
the start...**

**...use all your senses on our
sensory forest scavenger hunt.**

**Can you see, smell, hear or touch
all the things on this list?**



An evergreen tree
Bird nest
Picnic table



Wind rustling the leaves
Machines working



Something prickly
Muddy puddle



Wild flower
Pine needles

Swipe >>



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We hope you have enjoyed using our Phone Trail...

It's a bit of an experiment, so we would love to know what you thought of it?

Please visit

www.forestry.gov.uk/learning
and follow the link to a short questionnaire under 'Tell us what you think'.

Thank you.



Learning
in your forest